

# CALLED TO THE JOY OF LOVE

## RESOURCE GUIDE



United States  
Conference of  
Catholic Bishops

Secretariat of  
Laity, Marriage,  
Family Life and Youth

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**Disclaimer** - This resource guide provides a listing of ministries, organizations, and apostolates related to marriage and family life. While many of the listed resources are Catholic or consistent with Catholic principles, not all are fully aligned with the whole of Church doctrine. It is important to carefully review each ministry, organization, or apostolate to ensure its alignment with the teachings of the Catholic Church. Please verify its compatibility with the Church's doctrines and pastoral guidelines before recommending any resource to a priest, parishioner, or other individuals.

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# RESOURCES

## PROGRAMS AND INITIATIVES

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### Remote Marriage Preparation

#### ***The Body Matters K-8***

*tobet.org/the-body-matters/*

*The Body Matters*, based on St. John Paul's life-affirming Theology of the Body (TOB), is a teaching tool intended to assist primary educators (parents) in forming their children, and to be inserted into already-existing curricula at Catholic schools and parish faith formation programs.

#### ***Defend Young Minds***

*defendyoungminds.com*

Defend Young Minds encourages and equips parents and professionals with tools to raise empowered, resilient and screen-smart kids who know how to reject pornography.

#### ***Envision: Theology of the Body for Middle School***

*ascensionpress.com/collections/envision-theology-of-the-body-for-middle-school*

An eight-lesson comprehensive and interactive catechetical human formation program for grades sixth-eighth, on John Paul II's revolutionary teaching, made to fit perfectly into Catholic religious education, schools, youth ministry, and homeschool settings.

#### ***Family Honor***

*familyhonor.org*

Family Honor is a non-profit organization that presents parent-teen and parent-only programs on chastity, family communication, and Theology of the Body.

#### ***joytob***

*joytob.org*

Joytob is a teaching ministry encouraging and educating with the best of theology, Sacred Scripture, philosophy, biology, and psychology to proclaim the joy of being made in the image and likeness of God, male and female, and the joy of marriage and family.

#### ***Ruah Woods Press Theology of Body Curriculum***

*ruahwoodsinsitute.org*

Ruah Woods Institute supports adults, teachers, students, and parents as they seek to understand the truth about one's innate dignity, as image-bearers of God, male or female, called to love one another as God loves.

### **Teen STAR**

[teenstar.org](http://teenstar.org)

Teen STAR is a developmental curriculum that helps adolescents and young adults come to terms with their emerging sexuality and fertility and assist them in making responsible decisions.

### **TOB for Tots**

[tobet.org/product/everybody-has-a-body](http://tobet.org/product/everybody-has-a-body)

*Everybody Has a Body: God Made Boys and Girls* discusses the similarities and differences between male and female bodies in a language that young children can understand.

### **Woman in Love Mother Daughter Retreat**

[shop.paradisusdei.org/collections/mother-daughter-retreat](http://shop.paradisusdei.org/collections/mother-daughter-retreat)

*The Woman in Love Mother Daughter Retreat* delivers God's remarkable good news about sexuality to mothers and daughters (grades 8-12) on this journey that weaves engaging talks with powerful prayer and extraordinary fun to create an experience of a lifetime.



# Proximate Marriage Preparation: Groups for Young Men and Women

## YOUNG ADULTS & TEENS

### ***The Angelic Warfare Confraternity***

[angelicwarfareconfraternity.org](http://angelicwarfareconfraternity.org)

The Angelic Warfare Confraternity is a fellowship of men and women bound to one another in love and prayer, dedicated to pursuing chastity under the patronage of Saint Thomas Aquinas and the Blessed Virgin Mary.

### ***Canavox***

[canavox.com](http://canavox.com)

Canavox equips participants to study marriage, family, and sexuality through reading groups with materials based on natural law, social science, and practical wisdom.

### ***Chastity Project***

[chastity.com](http://chastity.com)

Through speaking engagements, books, podcasts and videos, the Chastity Project helps teens and young people discover why chastity makes them free to love.

### ***The Columbian Squires***

[kofc.org/un/en/forms/council/squires\\_inquiry2935\\_p.pdf](http://kofc.org/un/en/forms/council/squires_inquiry2935_p.pdf)

The Squires program is an official youth organization of the Knights of Columbus designed to develop young men as leaders who understand their Catholic religion, who have a strong commitment to the Church and who are ready, willing and capable of patterning their lives after the Youth Christ.

### **The Culture Project**

[thecultureproject.org](http://thecultureproject.org)

The Culture Project is an initiative of young people set out to restore culture through the experience of virtue by proclaiming the dignity of the human person and the richness of living sexual integrity.

### **Damascus**

[damascus.net](http://damascus.net)

Damascus awakens, empowers, and equips generations by providing an environment of encounter with Jesus to thousands through camps, retreats, and conferences every year.

### **Fidelis**

[fidelisonline.org](http://fidelisonline.org)

Fidelis forms girls — heart, mind, body, and soul — into a sisterhood of mature, virtuous disciples of Christ through the witness of Catholic women.

### **Freedom to Love**

[shop.ascensionpress.com/collections/freedom-to-love](http://shop.ascensionpress.com/collections/freedom-to-love)

*Freedom to Love* is a powerful five-part study on the Theology of the Body for young adults on college campuses and in parish young adult ministries, designed for both group and individual study.

### **Hope Undimmed**

[programs.paradisusdei.org/program/4?season=16](http://programs.paradisusdei.org/program/4?season=16)

Through thirty speakers in seven sessions, Hope Undimmed helps high school and college students to bridge the gap between faith and reason as it relates to the mystery of the human person, created male and female.

### **Life Teen**

[lifeteen.com](http://lifeteen.com)

The Life Teen movement consists of resources for parishes that provide solid Catholic teaching and youth ministry experiences for youth in middle school through high school to evangelize them into life-long disciples.

### **Net Ministries**

[netusa.org](http://netusa.org)

Net Ministries challenges young Catholics, through relational ministry, to follow Christ and embrace a life of community in the Church.

### **Restored Ministry**

[restoredministry.com](http://restoredministry.com)

Restored Ministry offers resources to heal from the trauma of parental divorce or separation, helping to break the cycle.

### **Salesian Youth Ministries and Services**

[donboscowest.org/salesianym](http://donboscowest.org/salesianym)

Salesian Youth Ministry educates for life in the cultural and social environment of the young person.

### **YOU: Life, Love, and the Theology of the Body**

[shop.ascensionpress.com/collections/you-life-love-and-the-theology-of-the-body](http://shop.ascensionpress.com/collections/you-life-love-and-the-theology-of-the-body)

In an age of “selfies” and egocentrism, *YOU* cuts through the noise to present an authentic view of the human person. It presents young people with the extraordinary story of their creation as unrepeatable individuals. *YOU* introduces teens to the truth that life is not, in fact, all about them; it is about going out of themselves to be a sincere gift for others.

## WOMEN

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### ***Behold Visio Divina***

*beholdvisiodivina.com*

Our Mission is to lead women to understand their God-given dignity through a faith-filled encounter with God, the saints, one another, and themselves by praying with and creating sacred art in communion.

### ***Blessed is She***

*blessedisshenet*

Blessed is She is a sisterhood of women who want to grow in their relationship with Jesus Christ through their Catholic faith.

### ***Endow Groups***

*endowgroups.org*

Based on the teaching of Pope St. John II, Endow seeks to educate women toward a more profound understanding of their God-given dignity through study in small groups of faith and friendship.

### ***Fiat Project***

*salesiansisterswest.org/vocations/fiat-project*

The Fiat Project is an 8-month program designed to accompany women in their 20's and 30's to discern God's call to consecrated life, marriage, or consecrated virginity, and accept it as their mission.

### ***The GIVEN Institute***

*giveninstitute.com*

The GIVEN Institute is a not-for-profit organization dedicated to activating the gifts of young adult women for the Church and the world. Through leadership training, faith formation, and dedicated mentoring, GIVEN forms women for mission and for life.

### ***Heart of Mary Women's Fellowship***

*heartofmarywf.com/local-groups-2-1*

Heart of Mary Women's Fellowship is a parish women's group that looks to Mary, the Mother of God as the role model in serving and supporting one another and growing in virtue.

### ***Magis Women***

*magiswomen.com*

Magis Women offers programs designed to help women create your their path toward God's destination for life - one that promises a future full of hope, and an adventurous journey of grace.

### ***National Council of Catholic Women***

*nccw.org*

The National Council of Catholic Women acts through its members to support, empower and educate all Catholic women in spirituality, leadership and service.

### ***New Eve Foundation***

*newevefoundation.org*

The mission of New Eve Foundation is to bring women to an encounter with Christ through the truth, beauty, and goodness of their femininity.

### ***Walking with Purpose***

*walkingwithpurpose.com*

Walking with purpose develops and delivers Bible studies to adult women, young adult women, and girls to enable them to know Christ personally through Scripture.

### ***WINE***

*catholicvineyard.com*

WINE is a creative and inspired ministry to invigorate women's groups and parishes through encouraging, supporting, and nurturing women in the Catholic faith and by equipping and mobilizing women as intentional disciples of Christ.

### ***Women of Grace***

*womenofgrace.com*

Women of Grace is a Catholic apostolate that seeks to transform the world one woman at a time by affirming women in their dignity and vocation as daughters of God and in their gift of authentic femininity through ongoing spiritual formation.

### ***The Young Catholic Woman (YCW)***

*theyoungcatholicwoman.com*

The YCW strives to provide original content to guide the young Catholic woman on her spiritual journey.

## **MEN**

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### ***Be Ready Coalition***

*brcoalition.com*

Be Ready Coalition is an online training ground to grow in faith, have Catholic community, and know the actionable steps for combatting the evil in the world today.

### ***Catholic Man Night***

*catholicmannight.com*

CatholicManNight is a website dedicated to helping men meet, know, love and serve Jesus Christ.

### ***Catholic Men's Leadership Alliance***

*catholicmenleaders.org*

The Catholic Men's Leadership Alliance is a nonprofit that coaches and inspires men to launch and lead ministry to men through free coaching, resources, and events.

### ***Cor***

*kofc.org/un/en/who-we-are/our-faith/cor.html*

Cor exists to form and strengthen Catholic men in faith and virtue as missionary disciples by drawing them into a deeper relationship with Jesus Christ through prayer, formation, and fraternity.

### ***Crossing the Goal Ministries***

*crossingthegoal.com*

Former NFL All-Pro Receiver, Danny Abramowicz and his team tackle a variety of issues relating to men and their faith.

### ***Exodus 90***

*exodus90.com*

Exodus 90 is a ninety-day Catholic program for men. It's an introduction to a different kind of life of prayer, asceticism, and fraternity: a life of responsibility, meaning, and true freedom.

### ***The Fathers of St. Joseph***

*fathersofstjoseph.org*

The Fathers of St. Joseph show men their ultimate purpose, the plan to achieve it, and the power God gives by living it.

### ***FORGE***

*myforge.org*

The goal of FORGE is to build a foundation of healthy fathers, strong families, and empowered evangelizers to revitalize the family, transform the culture, and rebuild the Church, specifically by addressing the exploitation of sexuality for the destruction of marriage.

### ***Fraternus***

*fraternus.net*

Fraternus is a Catholic brotherhood for all ages that has been recovering the lost art of mentoring, harnessing the power of brotherly men and fathers, and teaching the virtues rooted in Christ as the path to authentic manliness.

### ***Heroic Men***

*heroicmen.org*

Through inspiring events, engaging resources, and mentoring, Heroic Men builds up and inspires men to live Christ-centered, virtuous lives serving their families, parishes, and communities.

### ***The Holy League***

*holyleague.com*

A parish-based alliance of men striving for supernatural strength and brotherhood with regular monthly holy hours in parishes throughout the Roman Catholic Church.

### ***Into the Breach***

*kofc.org/un/en/campaigns/into-the-breach.html*

Into the Breach is a call to battle for men which urges them to embrace masculine virtues in a world at crisis through the original video series and new Into the Breach: The Mission of the Family series.

### **The King's Men**

[thekungsmen.org](http://thekungsmen.org)

The King's Men is a Roman Catholic lay apostolate faithfully executing on its mission to help men across the country and around the world be better husbands, fathers, and leaders.

#### **LEAD: Men's Group Program**

[shop.stewardshipmission.com/collections/lead-5/products/lead-5-part-group-study](http://shop.stewardshipmission.com/collections/lead-5/products/lead-5-part-group-study)

A five-session video series designed for group use in a retreat setting or in small groups. Based on St. Joseph, this men's group program gives men the tools to become spiritual leaders, the Catholic fathers that they are meant to be.

#### **That Man is You**

[paradisusdei.org/that-man-is-you/](http://paradisusdei.org/that-man-is-you/)

That Man is You! addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers.

#### **Man of the Household**

[life-craft.org/man-of-the-household](http://life-craft.org/man-of-the-household)

A free online course to help men be the man of the household, a true husband and father, take responsibility for crafting the good life in a home, and so fulfilling what nature calls them to, what hearts long for, and what loved ones need and deserve.

### **Men of Christ**

[menofchrist.net](http://menofchrist.net)

Men of Christ seeks to evangelize, catechize, and unify Catholic men through an annual conference and weekly Dynamic Men's Groups.

#### **The Men of St. Joseph**

[menofstjoseph.com](http://menofstjoseph.com)

The Men of St. Joseph is an association of Christian men, united under the Catholic Church, who meet weekly to pray together and encourage each other to be the spiritual leaders of their families.

#### **The Narrow Road**

[justaguyinthepew.com/narrowroad-epriest-mens-group](http://justaguyinthepew.com/narrowroad-epriest-mens-group)

The Narrow Road is a method of building a brotherhood of Catholic men who aspire to virtue.

#### **RISE by Real Life Catholic**

[coaching.reallifecatholic.com/rise/](http://coaching.reallifecatholic.com/rise/)

RISE is a 30-day challenge for men to live the fullness of their vocation every day: at home, at work, and in their communities.

#### **Wilderness Outreach**

[wildernessoutreach.net](http://wildernessoutreach.net)

The purpose of Wilderness Outreach is to discover manhood and provide the optimum environment for its formation.



# Immediate Marriage Preparation

## COMPLETE MARRIAGE PREPARATION PROGRAMS

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### **BETTER TOGETHER**

[dynamiccatholic.com/marriage-preparation.html](http://dynamiccatholic.com/marriage-preparation.html)

BETTER TOGETHER is a flexible marriage preparation and enrichment program that equips couples with the tools they need to build a lasting, happy, and faith-filled marriage.

### **Catholic Engaged Encounter**

[engagedencounter.com](http://engagedencounter.com)

Catholic Engaged Encounter is a community-based Catholic marriage preparation ministry for couples preparing for the Sacrament of Matrimony in the Catholic Church.

**Catholic Marriage Prep**  
[catholicmarriageprep.com](http://catholicmarriageprep.com)

Catholic Marriage Prep is an online course built upon Saint John Paul II's Theology of the Body and provides personalized one-on-one mentoring from trained married couples.

**Engaged Online Catholic Marriage Preparation**  
[smartloving.org/engaged/](http://smartloving.org/engaged/)

SmartLoving is comprehensive course that gives couples a safe space to ask the important questions and put their love on a solid foundation.

**For Better and For Ever**  
[marriagepreparation.com](http://marriagepreparation.com)

For Better and For Ever is an online resource for dating or engaged couples, clergy, married couples, and marriage educators that teaches what Christian marriage is and the skills needed to establish and sustain lifelong marriage.

**Joined by Grace: Preparing for the Sacramental Journey of Marriage**  
[avemariapress.com/products/Joined-by-Grace-Starter-Pack](http://avemariapress.com/products/Joined-by-Grace-Starter-Pack)

Offering couples the tools they need for life after their wedding day, Joined by Grace shows how the seven sacraments can help build marriages that are rooted in Christ by teaching couples to accept and be fully present to one another, give themselves completely, and serve and forgive each other.

**Joy-Filled Marriage**  
[shop.ascensionpress.com/collections/joy-filled-marriage](http://shop.ascensionpress.com/collections/joy-filled-marriage)

This program offers a comprehensive approach to marriage preparation that covers not only the sacramentality and theology of marriage, but the practical life skills necessary to live out the rich Catholic vision of marriage.

**New Life Remarriage Program**  
[ilovestellamaris.org/remarriage](http://ilovestellamaris.org/remarriage)

New Life is a peer ministry retreat program for those remarrying after losing a spouse through death or divorce.

**The Picture of Love**  
[churchpublishing.org/pictureofloveengparticipant](http://churchpublishing.org/pictureofloveengparticipant)

The Picture of Love Marriage Preparation Program for Engaged Couples explores the joys and challenges of living out the Sacrament of Matrimony with special focus on the importance of inviting Jesus to be the center of marriage and family life.

**Pre-Cana: Living our Faith in Love**  
[courses.themarriagegroup.com/product/living-our-faith-in-love/](http://courses.themarriagegroup.com/product/living-our-faith-in-love/)

An online course, divided into short videos followed by opportunities for reflection and discussion, that meets Pre-Cana requirements for marriage in the Catholic Church.

**Preparing to Live in Love**  
[livinginlove.org/our-programs/preparing-to-live-in-love/](http://livinginlove.org/our-programs/preparing-to-live-in-love/)

The program provides in-depth understanding of interpersonal relationships at the most intimate level and provides the tools necessary to nurture that relationship through all the changing circumstances of married life.

**TOBET4Engaged**  
[tobet.org/marriage-preparation/](http://tobet.org/marriage-preparation/)

TOBET's Theology of the Body Marriage Preparation Program is a flexible, holistic program that covers practical, down-to-earth topics in order to form couples to live healthy, holy marriages.

***Transformed in Love: Building Your Catholic Marriage***

*evangelizeboston.com/formation/workshops/transformed-in-love/*

*Transformed in Love* prepares engaged couples, and those seeking a convalidation, to build a solid foundation for their sacred and lifelong union; one built on Jesus Christ.

***Unveiled***

*unveiledmarriage.com*

Unveiled is a program that prepares Christian couples for the human reality of married life, with all its potential joys and sorrows, and unveils the mystery of married love as an icon of divine love.

***When the Cake is Gone: How to Be Married and Stay Engaged***

***Engaged***

*rootedinlove.org/Materials/Material/Cake*

When the Cake is Gone is based on the "three vows of Christian marriages" model of marriage enrichment.

***Witness to Love***

*witnessstolove.org*

Witness to Love is a virtues-based Catechumenate model of marriage renewal and preparation that integrates modern principles of psychology and the virtues to help couples facilitate an authentic dialogue about their relationship.

***Your Marriage***

*liguori.org/marriage*

*Your Marriage* opens couples' hearts to the meaning and purpose of marriage while teaching them the skills they'll need to live as one--everything from effective communication to family budgeting.

**PREMARITAL INVENTORIES**

***Better Together***

*dynamiccatholic.com/better-together/inventory*

Better Together marriage prep inventory is a free questionnaire designed to celebrate strengths and highlight opportunities for growth between engaged couples.

***Boundless Love: Prepare and Enrich***

*boundlesslove.us/services/#premarital*

Prepare and Enrich is a program of Boundless Love that helps premarital couples prepare for marriage and married couples enrich their marriage by increasing their awareness of relationship strengths and growth area and providing them with skills to improve their relationship.

***Catholic Couple Checkup***

*themarriagegroup.com/courses/couple-checkup*

This premarital inventory encourages discussion and uncovers issues that couples may not have discovered themselves.

***F.A.C.E.T***

*facetsite.com*

F.A.C.E.T provides engaged couples a much better understanding about themselves and their relationship and point the way to a future of ongoing discovery and marital growth.

***FOCCUS***

*foccusinc.com/foccus-inventory.aspx*

The FOCCUS Inventory is designed to help engaged couples appreciate their unique relationship, learn more about themselves, and discuss topics important to their lifelong marriage.

**Fully Engaged**  
*getfullyengaged.com*

Fully Engaged is a Catholic catechetical premarital inventory designed to help engaged couples solidify the foundation upon which they, together with Christ, will build their Sacrament of Marriage.

**Prepare/Enrich**  
*prepare-enrich.com*

Prepare/Enrich adapts and reacts to the changing reality of relationships through continued research and development of assessment versions and resources. The reliability of the assessment and feedback guided by the Facilitators help couples strengthen and enrich their relationships.

**Spirituality and Religion in Your Marriage: A Reflective Process for Engaged Couples**  
*rootedinlove.org/Materials/Material/Spirituality*

This booklet contains a short 20 item inventory that places the individual in one of four categories: 1) high in both Spirituality and Religion, 2) high in Spirituality and low in Religion, 3) low in both Religion and Spirituality, and 4) high in Religion and low in Spirituality. It affirms strengths and then encourages growth in both the individual and the couple towards category number 1.

**To Be Known**  
*tobeknown.com*

The mission of To Be Known is to help couples connect in ways that strengthen their ability to see each other as God sees them, to understand each other in ways they may not have considered before.



# Convalidation

**The Civil Marriage Initiative**  
*wisnesstolove.org/getting-married/civilly-married-couples*

Through virtue formation, accompaniment by local mentors of the couple's choosing, and coaching from parish coordinators or Witness to Love Coaches, couples will be equipped to become evangelizing spouses who share their light with the world.

**Pathways**  
*marriagebuildingusa.org/parish-ministries-pathways/*

Pathways is a dynamic, pastoral, and meaningful presentation explaining to couples the steps they need to take to have a sacramental marriage.



## Newly Married Couples

### **Ministry to the Newly Married**

[agapecatholicministries.com/ministry-to-the-newly-married-product](http://agapecatholicministries.com/ministry-to-the-newly-married-product)

A mentoring program for the first 5 years of marriage for couples married in the Catholic Church.



## Ongoing Marriage Enrichment

### **10 Great Dates to Energize Your Marriage**

[10greatdates.org/collections/10-great-dates/products/10-great-dates-2016](http://10greatdates.org/collections/10-great-dates/products/10-great-dates-2016)

*10 Great Dates* walks couples through tips and conversation prompts that will help them revive awe and attraction and connect clearly and deeply.

### **Alpha**

[alphausa.org/catholic-context/](http://alphausa.org/catholic-context/)

Alpha is an 11-week course parish tool for evangelization that creates a space, online or in person, where people are excited to bring their friends for a conversation about Jesus.

### **Amore Couples Groups**

[annunciationministries.com/amore-couples-group/](http://annunciationministries.com/amore-couples-group/)

*Amore Couples Groups* are for dating, engaged, or married couples who want to improve their relationship with each other, their children, family, friends, and God.

### **Annunciation Ministries**

[annunciationministries.com](http://annunciationministries.com)

Annunciation Ministries strengthens the vocation of marriage through consultation, training, events and resources for dioceses, parishes, and married couples.

### **Be Light: Marriage Enrichment Movement**

[witnessstolove.org/belight](http://witnessstolove.org/belight)

*Be Light* not only supports newly married couples during the fundamental first five years of their marriage but also helps all married couples in a community to open their hearts to the powerful way God remains present to them and in the Holy bond of Matrimony through Small Groups and chosen mentors.

### **The Beatitudes: A Couple's Path to Greater Joy**

[happy-together.net/the-beatitudes-a-couples-path-to-greater-joy/](http://happy-together.net/the-beatitudes-a-couples-path-to-greater-joy/)

This marriage enrichment program explores the Beatitudes as the path to holiness in Christian marriage.

***Beloved: The Mystery and Meaning of Marriage***  
*sacraments.augustineinstitute.org/courses/beloved-mystery-and-meaning*

Through Scripture, Tradition, and Church Teaching, couples will discover the profound place that marriage has in God's plan for humanity – whether they are about to say “I do” for the first time, or said it years ago.

***Boundless Love***  
*boundlesslove.us*

Boundless Love offers relationship assessments, virtual and in-person workshops creating life-changing marriages.

***Building Authentic Relationships (the BAR)***  
*chm.chrisandlindapadgett.com/open-bar*

Each BAR meets in small groups once or twice a month and brings young couples and veteran couples together, so that young couples can glean wisdom from the veterans, and veteran couples can rediscover the enthusiasm of young love.

***Cana Feast***  
*canafeast.com*

Cana Feast uplifts and inspires Catholic couples to live their sacramental marriage with faith, hope, and love.

***The Cana Institute***  
*canainstitute.org*

The Cana Institute provides programs and publications that teaches others to couples to personally and spiritually grow together while growing closer to God.

***Catholic Couple Checkup***  
*catholiccouplecheckup.com*

The Catholic Couple Checkup is an online assessment tool designed to identify the unique relationship strengths and growth areas of dating, engaged, or married couples.

***Charis Ministries***  
*charis.org*

Charis, with and through its partners, offers retreat experiences in the Jesuit tradition to men and women in their 20s and 30s, helping them to develop deeper spiritual lives and stronger connections to faith communities.

***The Choice Wine***  
*paradisusdei.org/the-choice-wine*

Integrating the latest findings from modern science with the timeless teaching of the faith, The Choice Wine introduces couples to the 7 steps to a Superabundant Marriage.

***Communio***  
*communio.org*

Communio is a nonprofit that trains and equips churches to evangelize through the renewal of healthy relationships, marriages, and the family.

***The Couple Prayer Series***  
*coupleprayer.com*

The Couple Prayer Series was created to help married couples more fully enjoy the life-changing intimacy of praying together as husband and wife closely, comfortably and consistently.

***Couples for Christ***  
*couplesforchristglobal.org*

Couples for Christ couples commit themselves to the Lord and to one another so that they may grow in maturity as men and women of God and fulfill their primary vocation of raising families grounded in Christian values, in the service and love of God.

***Discovering Our Deepest Desire***  
*ourdeepestdesire.com*

This series connects seven areas for therapeutically strengthening marriages with seven areas of deepening relationships with Christ through the Eucharist.

**Domestic Church Families**

[domesticchurchfamilies.com](http://domesticchurchfamilies.com)

Domestic Church Families is a lay movement for married couples that provides Catholic Christian community and lifelong spiritual formation through small groups and retreats.

**Endure**

[fflcm.org/endure](http://fflcm.org/endure)

A post-wedding marriage formation experience for couples to strengthen their relationship through fostering practical skills, intentional community, and mystical reflection.

**EverMore in Love**

[evermoreinlove.org](http://evermoreinlove.org)

EverMore in Love helps couples discover the wonder of being more in love through transformational experiences, ongoing formation, and mission equipping.

**Every Day in Love**

[livinginlove.org/our-programs/every-day-in-love](http://livinginlove.org/our-programs/every-day-in-love)

A video based marriage enrichment series featuring four upbeat, engaging, and empowering three-hour sessions with practical strategies, everyday skills, liberating insights, and experiential exercises.

**Eucharistic Marriage**

[eucharisticmarriage.org](http://eucharisticmarriage.org)

The “Building a Eucharistic Marriage” course is a 7-part video series, built off of a therapeutic model for change, which connects 7 areas for therapeutically strengthening our marriage with 7 areas of deepening our relationship with Christ through the Eucharist.

**Faith and Marriage**

[faithandmarriage.org](http://faithandmarriage.org)

The Faith & Marriage Apostolate is dedicated to promoting the Sacramentality of marriage and providing for married couples opportunities for growth, enrichment, and support.

**Family Renewal Project**

[familyrenewalproject.com](http://familyrenewalproject.com)

Family Renewal Project was established to help restore the family and renew the culture by educating and forming men and women to understand, embrace, and live authentic love and responsibility.

**Fiat Couples Groups**

[annunciationministries.com/fiat-couples-group](http://annunciationministries.com/fiat-couples-group)

Fiat Couples Group is a monthly small group community for married couples that meets for faith-sharing and dinner.

**Focus on the Family**

[focusonthefamily.com/marriage](http://focusonthefamily.com/marriage)

Focus on the Family is a global Christian ministry dedicated to helping families thrive, providing help and resources for couples to build healthy marriages that reflect God's design, and for parents to raise their children according to morals and values grounded in biblical principles.

**Holy Catholic Marriage**

[holycatholicmarriage.com](http://holycatholicmarriage.com)

Holy Catholic Marriage teaches Catholic couples how to live their love for their spouse, as a sacrament and how to grow in true intimacy as Christ intended.

**Holy Cross Family Ministries**

[hcfm.org](http://hcfm.org)

Holy Cross Family Ministries is a family of Catholic ministries that inspires, promotes and fosters the prayer life and spiritual well-being of families throughout the world.

**Intentional Intermission**

[intentionalintermission.org](http://intentionalintermission.org)

Intentional Intermission invites couples and families to rest and reflect, to pause and plan, to intentional intermission.

**Joyful EverAfter**  
*joyfuleverafter.org*

The mission of *Joyful Ever After* is to help couples flourish in holy marriages, build strong marriage communities, and enrich parish life with the soul of the family.

**Marriage Building**  
*marriagebuildingusa.org*

Marriage Building engages couples and mobilizes parishes by empowering them with a sense of mission that continues to form and support marriages and families beyond any single event.

**The Marriage Course**  
*themarriagecourse.org*

The courses provide an opportunity for couples to invest in their relationship through a series of engaging and fun date nights created to provide practical tools for couples to build a strong and lasting marriage.

**Marriage Disciples**  
*marriagedisciples.org*

Marriage Disciples offers hope and healing for couples as they encounter the trials in their marriage.

**Marriage Dynamics Institute**  
*marriagedynamics.com*

Marriage Dynamic Intitute's mission is to provide marriage workshops and courses that build safe environments, promote self-education, and produce extraordinary results.

**The Marriage in Christ Seminar**  
*marriageinchrist.com*

The Marriage in Christ seminar is about fostering friendship with God and between spouses, in and through the power of the Holy Spirit.

**Marriage Kit**  
*smartloving.org/marriage-kit*

Marriage Kit is an online course for married couples wanting a lasting, passionate relationship.

**Marriage Missionaries**  
*marriagemissionaries.org*

Marriage Missionaries strives to help couples live their ordinary marriage made extraordinary by the companionship of Jesus and inviting others to do the same.

**Marriage Resource Centre**  
*marriageresourcecentre.org*

Marriage Resource Centre's practical resources are based on tried and tested frameworks and grounded in Catholic Theology with insights and frameworks from modern psychology and relationship theory.

**Marriage Unhindered**  
*marriageunhindered.com*

Marriage Unhindered helps clients address the challenges in their marriage by integrating the science of psychology with what the Catholic Christian faith has taught about God's grand design for His people, especially within the dynamic of marriage and family life.

**Marriage: Unique for a Reason Videos**  
*marriageuniqueforareason.org/videos*

Marriage: Unique for a Reason offers resources to assist with the education and catechesis of Catholics on why marriage is unique and why it should be promoted and protected as the union of one man and one woman.

**Mass Impact**  
*massimpact.us*

Mass Impact is a way of life for Catholic families united in more fully discovering, proclaiming, living, and building the Kingdom.

**REFOCCUS**

[foccusinc.com/refoccus-inventory.aspx](http://foccusinc.com/refoccus-inventory.aspx)

REFOCCUS is a packet of five questionnaires for married couples who wish to spend time and energy on their relationship but desire a little direction and skill building assistance in doing so.

**The Second Half of Marriage**

[10greatdates.org/products/second-half-of-marriage-dvd-curriculum](http://10greatdates.org/products/second-half-of-marriage-dvd-curriculum)

The second half of marriage can be a time of incredible fulfillment, no matter what challenges were previously faced. Couples can rediscover each other and build a more personal, satisfying and romantic life together. This small group video resource is designed to facilitate this rediscovery and rebuilding for the empty nest years.

**SIX DATES for Catholic Couples**

[happy-together.net/six-dates-for-catholic-couples-now-free/](http://happy-together.net/six-dates-for-catholic-couples-now-free/)

The six videos inspire spouses to become aware of the gift that they are to each other as husband and wife.

**Stella Maris Center**

[ilovestellamaris.org](http://ilovestellamaris.org)

Stella Maris Center's mission is to work with marriages, families and those who serve them, empowering them to become beacons of God's love and mercy in the world.

**Teams of Our Lady**

[teamsfourlady.org](http://teamsfourlady.org)

Teams of Our Lady is a movement of Christian Marriage Spirituality, which brings together couples united by the Sacrament of Matrimony, and who wish, together, to deepen the graces of their Sacrament.

**Thriving Families**

[thrivingfamilies.com](http://thrivingfamilies.com)

Thriving Families specializes in strengthening and restoring unity in couples.

**To Be Known**

[tobeknown.com](http://tobeknown.com)

To Be Known's mission is to help couples connect in ways that strengthen their ability to see each other as God sees them, to understand each other in ways they may not have considered before.

**Together in Holiness**

[forlifeandfamily.org/together-in-holiness/](http://forlifeandfamily.org/together-in-holiness/)

*Together in Holiness* is a marriage enrichment initiative that inspires couples to grow together in holiness and empowers and equips parents to form their children in the Catholic faith.

**United in Love–United in Christ**

[faithandmarriage.org/uil/](http://faithandmarriage.org/uil/)

*United in Love–United in Christ* is a six session marriage enrichment series that explores God's awesome plan and promise for spouses. It provides practical steps in building on what St. John Paul II taught to be the "infallible" and "indispensable" way to a truly united and faithful love.

**Unveiled: Discovering the Great Mystery Series**

[jpiihealingcenter.org/product/unveiled-series/](http://jpiihealingcenter.org/product/unveiled-series/)

Unveiled provides a vision and hope for a mutually fulfilling and intimate marriage, based on John Paul II's Theology of the Body.

**The VIRTUES: A Program for Couples**

[the-virtues.net](http://the-virtues.net)

The VIRTUES is a parish based marriage enrichment program that uses a variety of media to touch as many people as possible with a positive message about marriage and the importance of mastering the good habits known as the Cardinal Virtues.

**World Ablaze Inc.**

[worldablaze.org](http://worldablaze.org)

World Ablaze is a Catholic family ministry that seeks to make disciples of Jesus Christ through a dedication to evangelization, faith formation, and facilitation of encounters with Christ and His Church, thus transforming lives and communities.

**Worldwide Marriage Encounter**

[wwme.org](http://wwme.org)

The mission of Worldwide Marriage Encounter is to proclaim the value of Marriage and Holy Orders in the Church and in the world.



# Supporting Couples to Welcome New Life

**Be Not Afraid**

[benotafraid.net](http://benotafraid.net)

BNA is a private non-profit organization supporting parents carrying to term following a prenatal diagnosis.

**Catholic Psychotherapy Association**

[catholicpsychotherapy.org](http://catholicpsychotherapy.org)

The Catholic Psychotherapy Association (CPA) is an interdisciplinary group of clinical, academic, student, clergy, religious, and affiliate members from around the world, committed to restoring the dignity of the human person and strengthening Christian families.

**Couple to Couple League**

[ccli.org](http://ccli.org)

The CCL Mission is to inspire, educate and support couples in family planning that is natural, effective, healthy and consistent with God's plan for life, love and marriage.

**Gabriel Project**

[gabrielproject.org](http://gabrielproject.org)

The Gabriel Project is a confidential and compassionate outreach to women who are distressed over an unplanned pregnancy.

**Heartbeat International, Inc.**

[heartbeatinternational.org](http://heartbeatinternational.org)

Heartbeat has over 3,600 affiliated pregnancy help locations including pregnancy help medical clinics (with ultrasound), resource centers, maternity homes, and adoption agencies in more than 90 countries worldwide to provide alternatives to abortion.

**Prenatal Partners for Life**

[prenatalpartnersforlife.org](http://prenatalpartnersforlife.org)

Prenatal Partners for Life is a group of concerned parents, medical professionals, legal professionals and clergy whose aim is to support, inform and encourage expectant or new parents with a special needs child.

**SmartLoving Fertility**

[smartloving.org/fertility](http://smartloving.org/fertility)

Based on the Sympto-Thermal method, SmartLoving Fertility incorporates a unique blend of scientific insights with relationship frameworks and Catholic Theology to foster intimacy and help couples flourish.

**Springs of Love**

[springsoflove.org](http://springsoflove.org)

The mission of Springs of Love is to raise up more Catholic foster and adoptive families and to support those touched by fostering and adoption through educational programming, small groups, and parish care teams.



# Couples in Wounded Marriages

## ***The Alexander House: Marriage Disciples***

*thealexanderhouse.org*

The Alexander House's mission is to empower couples with the tools and knowledge they need to build and sustain strong marriages, form families, and build community while offering hope and healing.

## ***Beyond Affairs Network (BAN)***

*beyondaffairsnetwork.com*

Beyond Affairs Network (BAN) is a grass roots organization made up of local support groups for people who are dealing with the devastating impact of a spouse's affair.

## ***Bloom***

*bloomforcatholicwomen.com*

Bloom For Catholic Women provides therapeutic and spiritual online courses for women healing from the trauma of their husband's pornography use.

## ***Breakthrough***

*smartloving.org/breakthrough*

The SmartLoving Breakthrough online course helps marriages under stress by working with individual spouses to optimise their interior peace so that they can approach their difficulties from a position of strength and love.

## ***Catholic Counselors (telecounseling services)***

*catholiccounselors.com*

The Catholic Counselors at Pastoral Solutions Institute can help strengthen and support couples on their spiritual and emotional journey to create a more intimate and godly marriage, celebrate a more faithful and fulfilling family life, or discover the path to a more grace-filled personal life.

## ***The Catholic Psych Institute***

*catholicpsych.com*

The Catholic Psych Institute promotes a Catholic standard for mental health and wellness by providing services and resources based on the integration of faith, reason, and science to help people become who God created them to be.

## ***The Institute for Marital Healing***

*maritalhealing.com*

The Institute for Marital Healing provides resources that uncover leading psychological causes of marital conflicts, along with St. John Paul II's writings on marriage and family life, and the timeless wisdom of the Catholic Church.

## ***RESTORE***

*restorecatholicmarriage.com*

RESTORE is an online, self-led marriage resource that gives spouses the opportunity and the tools necessary to heal and restore their relationship.

## ***Retrouvaille***

*helpourmarriage.org*

Retrouvaille is a program to help couples heal and renew their hurting marriages.

## ***The Third Option***

*thethirdoption.com*

The Third Option International is a non-profit organization that hopes to inspire and encourage people to build healthier relationships in their marriages, family, work place and community by accepting responsibility for their own thoughts, feelings, choices and behaviors.



# Healing From Pornography

## **Bethesda Workshops**

*bethesdaworkshops.org*

Bethesda Workshops encourages sexual wholeness by ministering to those damaged by sexual sin and addiction. It provides a place of healing where people can begin a process of restoration with God, themselves, with others, and within their marriages.

## **Connected: Recovery from Pornography**

*catholiccounselors.com/services/connected*

CONNECTED: *Recovery from Pornography* is an internet based group counseling experience designed to help men recover from the obsessional use of pornography and the damage it does to our mind, body, soul, and relationships.

## **Covenant Eyes**

*covenanteyes.com*

Covenant Eyes exists to help people overcome pornography and be restored and transformed.

## **Freedom Coaching**

*freedom-coaching.net*

Freedom Coaching works by integrating science, Catholic theology and an individual mentoring relationship, introducing a person to healthy forms of intimacy and a new way of looking at the body and sexuality.

## **Imago Dei Counseling**

*imagoideicounseling.com*

Imago Dei Counseling's goal is to help individuals discover their personal dignity and guide them toward the freedom to live generously in relationship with others.

## **Integrity Restored**

*integrityrestored.com*

Integrity Restored provides education, training, encouragement, and resources to break free from pornography, heal relationships, and to assist parents in preventing and responding to pornography exposure which is so devastating in the lives of children.

## **The King's Men**

*thekingsmen.org*

The fundamental formation initiative and real heart of The King's Men are highly effective weekly formation and accountability meetings offered in a growing number of locations.

## **Lifestar Therapy**

*lifestartherapy.com*

Lifestar Therapy is an intensive outpatient program and proven three-phase treatment that gives participants the resources, support, and structure needed to experience a successful recovery from the damaging effects of pornography and sexual addiction.

## **Magdala**

*magdalaministries.org*

Magdala exists as a space where women can find hope, healing, and freedom alongside each other from sexual addiction through support, community, and accountability.

**My House Initiative**

[archkck.org/family/care-support/my-house-3/](http://archkck.org/family/care-support/my-house-3/)

The My House Initiative is aimed at helping Catholics protect their children and families from pornography, develop a deeper understanding of the beauty and sacredness of God's gift of human sexuality, and experience freedom from the effects of pornography.

**New Life Partners**

[newlifepartners.org](http://newlifepartners.org)

New Life Partners is a Christian online resource for women whose lives have been impacted by loved ones caught in the web of pornography and/or sexual addiction.

**Proven Men Ministries**

[provenmen.org](http://provenmen.org)

Proven Ministries partners with individuals, families, churches, and organization to empower every follower of Jesus with sexual purity through the development and implementation of discipleship resources.

**Pure Life Ministries**

[purelifeministries.org](http://purelifeministries.org)

The heart of Pure Life Ministries is to lead people struggling with sexual sin into an encounter with Jesus Christ and the freedom He purchased for them at the Cross.

**Reclaim Sexual Health**

[reclaimsexualhealth.com](http://reclaimsexualhealth.com)

Reclaim Sexual Health is an online recovery program for individuals struggling with pornography and other unhealthy sexual behaviors.

**Reconnected**

[catholiccounselors.com/services/reconnected](http://catholiccounselors.com/services/reconnected)

Reconnected is a 15-week program to help people who feel betrayed because of their spouses porn usage to identify that they are not the cause of this behavior and to assist them to reconnect (reconcile) with their partners.

**Restored Vows**

[start.covenanteyes.com/restored-vows](http://start.covenanteyes.com/restored-vows)

Restored Vows is a porn recovery video series for couples.

**STRIVE**

[strive21.com](http://strive21.com)

STRIVE is a powerful 21-Day Porn Detox that helps men understand why they go to porn and equips them with the knowledge, tools, and accountability needed to quit porn.

**S-Anon International Family Groups**

[sanon.org](http://sanon.org)

S-Anon is a 12 Step fellowship for the friends and family members of sexually addicted people. S-Anon groups follow the S-Anon Twelve Steps and Twelve Traditions. S-Anon meetings provide a space for people to share about their common problems, find understanding, and begin to recover from the negative effects of a loved one's sexual addiction.

**Sexaholics Anonymous**

[sa.org](http://sa.org)

Sexaholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover.



# Separated or Divorced Couples

## ***The Beginning Experience***

*beginningexperience.org*

Beginning Experience International Ministry programs and peer ministers serve those grieving the loss of a spousal relationship so they can move forward in life loving God, themselves, and others.

## ***Catholic Divorce Ministry***

*nacsd.org*

Catholic Divorce Ministry is the ministry of the North American Conference of Separated and Divorced Catholics, Inc., working to create a network of support for families experiencing separation and divorce.

## ***DivorceCare***

*divorcecare.org*

DivorceCare is a 13-week, video-based support group program with helpful counsel to manage the emotional turmoil and practical tools for decision-making.

## ***Divorced Catholic***

*divorcedcatholic.com*

Divorced Catholic's mission to help individuals on the path to recovery, rebuilding, and renewal from divorce by providing information, resources, and encouragement.

## ***Faith Journeys Foundation, Inc.***

*faithjourneys.org*

Faith Journeys' Calm the Storm program is a Catholic-based, small group intervention that facilitates children's healing and growth after parental divorce or separation while empowering parents, so children's gains may be maximized.

## ***Life-Giving Wounds***

*lifegivingwounds.org*

The mission of Life-Giving Wounds is to help young adults and adults with divorced and separated parents give voice to their pain and find transformative healing in Christ.



# Domestic Church Life/Raising Children

## **52 Sundays**

[52sundays.com](http://52sundays.com)

52 Sundays is a dynamic guide to help families reclaim the Lord's Day with prayer, activities, food, and more.

## **Belonging: Baptism in the Family of God**

[shop.ascensionpress.com/collections/belonging-baptism-in-the-family-of-god](http://shop.ascensionpress.com/collections/belonging-baptism-in-the-family-of-god)

*Belonging: Baptism in the Family of God* seeks to prepare parents to have their children baptized and to win over their hearts at this important time in their lives.

## **Cana Family Institute**

[canafamilyinstitute.com](http://canafamilyinstitute.com)

Cana Family Institute exists to support families in their efforts to build a strong family life and find the peace of knowing their family is on the right track.

## **CatholicHÔM (Households on Mission)**

[catholicom.com](http://catholicom.com)

CatholicHÔM is a digital platform dedicated to helping Catholic families encounter Christ more meaningfully at home and draw closer to each other by living the Liturgy of Domestic Church Life.

## **Christian Family Movement**

[cfm.org](http://cfm.org)

The Christian Family Movement strives to equip families to intentionally address the concerns facing families in modern society, to help them discover ways to grow in holiness themselves and as families, and, ultimately, to bring the light of Christ into their environments.

## **Compass**

[compassforparents.org](http://compassforparents.org)

Compass aims to anticipate the needs of Catholic parents, accompany them through the trials and joys of family life, and point them to faithful answers to life's difficult questions.

## **Compass Catholic Ministries**

[compasscatholic.org](http://compasscatholic.org)

The mission of Compass Catholic Ministries is to inspire individuals and families to unite their faith and finances by providing information and tools, illuminated by the Catholic faith, allowing them to become financially unburdened and able to say "yes" to God's call.

## **Domestic Church**

[domesticchurchfamilies.com](http://domesticchurchfamilies.com)

Domestic Church is a lay movement for married couples that provides Catholic Christian community and lifelong spiritual formation through small groups and retreats.

## **Enkindle Catholic**

[enkindlecatholic.org](http://enkindlecatholic.org)

Enkindle Catholic's content and training equips dioceses, parishes, and families to a life-changing encounter with Jesus Christ so that families can become disciples and grow in faith together.

### **Families of Character**

*familiesofcharacter.com*

Families of Character involves simple strategies that lead to deeper connections, fulfillment, and boundless joy.

### **FamilyLife**

*familylife.com*

FamilyLife creates content and experiences to help families pursue what matters most and grow more fulfilling connections with God, each other, and their communities.

### **Family Ministry Resources**

*familyministryresources.com*

Family Ministry Resources educates and inspires catechists, teachers, and parents to work together to help families live and share the Gospel.

### **Focus on the Family**

*focusonthefamily.com/parenting/*

Focus on the Family provides help and resources for couples to build healthy marriages that reflect God's design, and for parents to raise their children according to morals and values grounded in biblical principles.

### **The Messy Family Project**

*messyfamilyproject.org*

The Messy Family Project empowers moms and dads to embrace their sacred calling.

### **Peyton Family Institute for Domestic Church Life**

*peytonfamilyinstitute.org*

Through original research, professional trainings, and creative resources, The Peyton Institute is working to build dynamic domestic churches, founded on the bedrock of Christian love and serving as outposts of grace in their communities.

### **Strong Catholic Families**

*nfcym.org/programs/strong-catholic-families/*

The Strong Catholic Families resources, events, and training options are designed to motivate and engage parents to embrace their responsibility for the faith development of their children and grow the domestic church of the home.

### **Strong Catholic Family Faith**

*catholicfamilyfaith.org*

Strong Catholic Family Faith seeks to empower parents and Catholic leaders to form faith-filled Catholic families.

### **Teaching the Way of Love**

*twl4parents.com*

The primary goal of Teaching the Way of Love is to teach parents how to become the primary educators of their children.

### **Trinity House Community**

*trinityhousecommunity.org*

Trinity House Community is a Catholic ministry that inspires families to make home a taste of heaven for the renewal of faith and culture. The heart of the Trinity House Way is that families are a communion of persons, an image of the Holy Trinity.



# Infertility/Fertility Health Awareness

## **Catholic Medical Association**

*cathmed.org*

The mission of Catholic Medical Association is to form and support current and future physicians to live and promote the principles of the Catholic Faith in the science and practice of medicine.

## **Elizabeth Ministry**

*elizabethministry.org*

Elizabeth Ministry International and its Chapters worldwide support families during the childbearing years and beyond with special care and support to those facing crisis and loss.

## **FEMM**

*femmhealth.org*

Understanding the central role of reproductive endocrinology in the management of women's health, FEMM empowers women to achieve their health and fertility goals.

## **National Catholic Bioethics Center**

*nbccenter.org*

The Mission of The National Catholic Bioethics Center is to provide education, guidance, and resources to the Church and society to uphold the dignity of the human person in health care and biomedical research, thereby sharing in the ministry of Jesus Christ and his Church.

## **Saint Paul VI Institute**

*saintpaulvi.com*

The Saint Paul VI Institute for the Study of Human Reproduction is building a culture of life in women's health care through its major developments — Creighton Model FertilityCare System and NaProTechnology.

## **Springs in the Desert**

*springsinthedesert.org*

Springs in the Desert accompanies those struggling with infertility by offering a place of respite and solidarity where they can know God's love for them and discover His unique call to fruitfulness.



# Infant and Child Loss

## ***Behold Your Child***

*dbqarch.org/beholdyourchild*

*Behold Your Child* is a ministry developed to help provide hope and healing for parents and families who have experienced a life-limiting prenatal diagnosis, miscarriage, stillbirth, or infant death (whether recently or years ago).

## ***Catholic Miscarriage Support***

*catholicmiscarriagesupport.com*

Two Catholic couples began this website in the hopes that it would provide immediate, practical support for others who have lost a child to miscarriage.

## ***Elizabeth Ministry***

*elizabethministry.org*

Elizabeth Ministry International and its Chapters worldwide support families during the childbearing years and beyond with special care and support to those facing crisis and loss.

## ***The Emmaus Ministry for Grieving Parents***

*emfgp.org*

The Emmaus Ministry for Grieving Parents serves the spiritual needs of parents whose children of any age have died by any cause.

## ***Heaven's Gain***

*heavensgain.org*

Heaven's Gain Ministries' mission is to provide for the physical, emotional, and spiritual needs of families experiencing pregnancy loss before, during, and after the delivery of their precious baby.

## ***Morning Light Ministry***

*morninglightministry.org*

A Catholic ministry for bereaved mothers and bereaved

fathers who have experienced the death of their baby through ectopic pregnancy, miscarriage, stillbirth or infant death up to one year old.

## ***Red Bird Ministries***

*redbird.love*

Red Bird Ministries exists to help parents address the profound healing that needs to happen while also honoring the memory of the child throughout their grief journey.

## ***Walking with Moms in Need***

*walkingwithmoms.com*

Walking with Moms in Need is a nationwide, parish-based initiative to increase support for pregnant and parenting mothers in need.

## **HEALING AFTER ABORTION**

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### ***The Elliot Institute***

*afterabortion.org*

The Elliot Institute is a national nonprofit organization dedicated to research, education and outreach regarding the effects of abortion on women, men, families and society.

### ***Project Rachel Ministry***

*HopeAfterAbortion.org & esperanzaposaborto.org*

Project Rachel Ministry exists to help those grieving a pregnancy loss, including the loss of a child by abortion.

### ***Rachel's Vineyard***

*rachelsvineyard.org*

Rachel's Vineyard weekend retreats offer a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.



## Disability and Chronic Illness

### **Accepting the Gift**

*acceptingthegift.org*

Accepting the Gift is here to help parents learn to advocate for their children, provide support where none is offered, and distribute free and affordable resources so all children can learn about their faith.

### **National Catholic Partnership on Disability**

*ncpd.org*

Following the example of Jesus, The National Catholic Partnership on Disability works with dioceses, parishes, ministers, and laity to promote the full and meaningful participation of persons with disabilities in the life of the Church.

### **Rising Above Ministries**

*risingaboveministries.org*

Rising Above Ministries exists to provide special-needs families with support, encouragement, inspiration, and community.

### **Spred**

*spred-chicago.org*

Spred helps people in local Churches to become aware of the needs of persons with developmental disabilities.

### **Stephen Ministries**

*stephenministries.org*

Stephen Ministries offers a proven and effective way to organize, equip, and supervise a team of congregation members—called Stephen Ministers—to provide high-quality, one-to-one, Christ-centered care to people in the congregation and the community experiencing life difficulties.

### **With Ministries**

*withministries.org*

With Ministries seeks to build church communities where congregations are truly with people experiencing disability, where all are known, have opportunities to serve and lead, and worship alongside fellow believers.



## Single-Parent Families

### **Single & Raising Saints**

*inher.life/resources*

*Single & Raising Saints* helps parents to learn more about the faith, build a community of friendship and support, and discover the merciful and loving embrace of the Catholic Church.



## Single Adults

**National Catholic Singles Conference**  
*[nationalcatholicsingles.com](http://nationalcatholicsingles.com)*

The National Catholic Singles Conference (NCSC) was created to give single Catholics the opportunity to grow and be encouraged in their faith through talks by dynamic speakers, time for prayer, and various social opportunities, which provide a great balance of inspiration, fun and fellowship.



## Same-Sex Attraction

**Courage International**  
*[couragerc.org](http://couragerc.org)*

A Roman Catholic apostolate for men and women who experience same-sex attractions and those who love them.

**Desert Stream Ministries**  
*[desertstream.org](http://desertstream.org)*

Desert Stream/Living Waters Ministries provides help for Christians struggling with sexual and relational problems. Their help is based on the biblical foundation of compassion, integrity, and dependence on God.

**Eden Invitation**  
*[edeninvitation.com](http://edeninvitation.com)*

Eden Invitation creates space to receive the whole person, grow systems of mutual support, and empower for creative discipleship.

**EnCourage**  
*[couragerc.org/encourage](http://couragerc.org/encourage)*

EnCourage is a ministry within Courage dedicated to the spiritual needs of parents, siblings, children, and other relatives and friends of persons who have same-sex attractions.

**Truth & Love**  
*[truthandlove.com](http://truthandlove.com)*

A Catholic resource for anyone seeking the tools to accompany our brothers and sisters who experience same-sex attraction.



# Sexual Identity Incongruence

## **Courage International**

*couragerc.org*

A Roman Catholic apostolate for men and women who experience same-sex attractions and those who love them.

## **Person and Identity Project**

*personandidentity.com*

The Person and Identity Project (PIP) assists the Catholic Church in promoting the Catholic vision of the human person and responding to the challenges of gender ideology.



# Addictions

## **The Calix Society**

*calixsociety.org*

Calix is an association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program.

## **Celebrate Recovery**

*celebraterecovery.com*

Celebrate Recovery is a safe place to find freedom from hurts, hang-ups, and habits.

## **Catholic in Recovery**

*catholicinrecovery.com*

Catholic in Recovery is a nonprofit organization that seeks to serve those suffering from addictions and unhealthy attachments (including alcoholism, drug addiction, pornography addiction, sex and relationship addiction, compulsive overeating and food addictions, gambling addiction, codependency and the impact on family, and general fear, control, and anxiety).



## Domestic Abuse

***Catholics for Family Peace***  
*catholicsforfamilypeace.org*

Catholics For Family Peace Education and Research on Domestic Abuse is an Initiative of the National Institute for the Family providing education, resources, and research that help Catholics promote peace within families and to recognize and respond with compassion to domestic abuse.



## Widows and Widowers

***Beginning Experience***  
*beginningexperience.org*

Beginning Experience International Ministry programs and peer ministers serve those grieving the loss of a spousal relationship so they can move forward in life loving God, themselves, and others.

***Good Mourning Ministry***  
*goodmourningministry.net*

Good Mourning Ministry offers bereavement resources for Catholic churches, people, and archdioceses.



## Elderly and Grandparents

***Catholic Grandparents Association***  
*catholicgrandparentsassociation.org*

The mission of Catholic Grandparents Association is to help grandparents pass on the faith and keep prayer in the heart of family life.



## Caretakers

### ***Friends of St. John the Caregiver***

*fsjc.org*

The Friends of St. John the Caregiver is an international Catholic organization addressing the growing needs of family caregivers.

### ***Nourish for Caregivers***

*nourishforcaregivers.com*

The mission of Nourish for Caregivers is to support and empower caregivers through the gift of faith.



## Advocacy

### ***Marriage Reality Movement***

*marriagerealitymovement.org*

The Marriage Reality Movement is a network of people and coalition of organizations of all faiths and beliefs, concerned about the state of marriage in society, who wish to join a positive and practical effort to rebuild a marriage culture.

### ***National Marriage Week USA***

*nationalmarriageweekusa.org*

The purpose of National Marriage Week is to bring people and organizations together with the focus of celebrating marriage intentionally each year from Feb. 7th to Feb. 14th.

### ***National Organization for Marriage***

*nationformarriage.org*

The National Organization for Marriage (NOM) is a nonprofit organization with a mission to protect marriage and the faith communities that sustain it at the local, state, and national levels.

### ***USCCB Laity, Marriage, Family Life and Youth, Policy & Advocacy***

*usccb.org/committees/laity-marriage-family-life-youth/policy-advocacy*

A resource highlighting the legislative, executive, and judicial activities where the USCCB Committee on Laity, Marriage, Family Life and Youth promotes and defends Catholic teaching.

### ***USCCB Religious Freedom***

*usccb.org/committees/religious-liberty/religious-liberty-take-action*

Sign up for action alerts at the USCCB Action Center, and find out how to engage government officials and advocate for religious liberty.



United States  
Conference of  
Catholic Bishops